

1. **Respect is treating other people the way you want them to treat you. Today's way to show respect for yourself is... to get some exercise.**
  - For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Discussion:** Ask students for their ideas of what respect means.

Respect is a major character trait. It is an appreciation of worth in both ourselves and others. We can both give and receive respect. For instance, when someone we know goes out of his or her way to help someone, we give him or her more respect. It's a broad and important concept.

**Please read Appendix A to your class.**

2. **Respect is treating other people the way you want them to treat you. Today's way to show respect for others is... to use your manners by saying please and thank you when it's appropriate.**
  - For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Activity:** Tell students that the first step to developing respect for others is to acknowledge that all things have value. Divide the class into groups of 4-5 students. Have each group brainstorm and list various ways we can show respect and why. Have one person from each group report to the class. Note the similarities and differences.

3. **Respect is treating other people the way you want them to treat you. Today's way to show respect for yourself is... to eat healthy food.**
  - For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Discussion:** A) Name a time when you acted respectfully. How did it make you feel?

B) Name a time when you acted disrespectfully. How did it make you feel?

C) How do you feel when other people act disrespectfully? Does it affect you and your attitude?

4. **Respect is treating other people the way you want them to treat you. Today's way to show respect for your things is... to tidy up your desk.**
  - For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Activity:** Please read Appendix B and Appendix C to your class. Explain to your students that value leads to appreciation. When they appreciate their belongings, they will want to take care of them and expect others to do the same.

5. **Respect is treating other people the way you want them to treat you. Today's way to show respect for your things is... clean your room when you go home tonight.**
  - Students will have to self-submit this one the following day.

**Classroom Activity:** Please have your students complete Appendix D.

6. **Respect is treating other people the way you want them to treat you. Today's way to show respect for your things is... to pick up any litter you see in your classroom.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Discussion:** Discuss with students some of their special possessions. Ask the following questions:

1. How do you take care of them?
2. What rules have you made regarding how other people should respect them?

7. **Respect is treating other people the way you want them to treat you. Today's way to show respect for others is... to speak in a respectful tone during conversations with others.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Discussion:** A) Identify and describe situations in which one gains respect.

B) Identify and describe situations in which one loses respect.

8. **Respect is treating other people the way you want them to treat you. Today's way to show respect for yourself is... to ask a friend to teach you something you didn't know before.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Discussion:** Explain that although we live in a society where possessions can be more highly valued than individuals, people are more valuable than any possession. Stress that in the same way they value their possessions, they must learn to value themselves and others. Guide class discussion by asking students the following questions:

- A) Who deserves respect?
- B) What should respect be based upon?

9. **Respect is treating other people the way you want them to treat you. Today's way to show respect for others is to tell a friend what it is you respect about them.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Discussion:** Please read the following to your class and ask your students what they think of the paragraph: Respect can be gained through superficial means. Some people respect others because of the clothes, shoes, or jewelry they wear. This is a superficial respect which disappears when the clothes come off. When someone is respected for volunteer hours helping the homeless or ill, then the respect stays because it says something about who he or she is as a person, not as an image. Also, some people get respect if they engage in criminal behavior, like stealing, fighting, violence, or drug use. Some people do respect these things, but those who do them, lose self-respect. You should not only respect others, but respect yourself enough to avoid these things which are wrong.

**10. Respect is treating other people the way you want them to treat you. Today's way to show respect for others is to patiently wait for your turn in class.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Discussion:** Please read over each situation and ask your students the corresponding questions.

- A) There is a bully who rides home with you on the bus. Every day, he makes fun of a smaller guy while everyone else laughs. Some of the people on the bus seem to like the bully, even. Do you? How do you feel about someone who makes fun of others like that? Do you respect him?
- B) One day, you are in the school bathroom when in comes a student with autism. You are both at the sink when this person smiles at you. How do you react? Why did you react this way? Do you see this person as an equal or someone lower than you?
- C) You are invited to a birthday party. Your parents want you to stay home and babysit your brother. It would be very easy to sneak out when your brother's having a nap and get back by the time your parents return. What would you do? Remember, they wish you to stay home. In general, do you respect your parents' wishes and feelings?

**11. Respect is treating other people the way you want them to treat you. Today's way to show respect for others is to raise your hand and wait to be called on before answering in class.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Discussion:** Please read over each situation and ask your students the corresponding questions.

- A) One of your friends, Chris, borrowed a CD from Stacey, another friend. Some time later, Stacey has forgotten what she did with the CD. Chris seems to want to keep it and when you tell him to return it, he says "Mind your own business!" How do you feel about Chris? Do you say anything to Stacey? Why? Now how would you feel about lending something to Chris? Do you respect him enough to trust him? If you can't trust someone, or know that they lie to others, can you respect them?
- B) Jimmy, a friend but not a close one, gets a PS3D. You never really spent any time with him. How do you feel about him now? Do you respect him for his PS3D? Should he respect you for suddenly wanting to spend time with him?
- C) Most of the people at school belong to one religion. You, however, belong to another. Not many other people at your school belong to it. Sometimes the other kids make fun of you because you wear your hair a certain way because of the religion. Have you ever known others not to respect the religious beliefs or race or background of another? Have you ever not respected someone because of this? Why? Have you ever felt disrespected because of something you were born into?

**12. Respect is treating other people the way you want them to treat you. Today's way to show respect for others is to give someone a genuine compliment.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Activity:** Explain to students that all people deserve to be shown respect and that respect must be based upon our shared humanity. Please read Appendix E to your class.

**13. Respect is treating other people the way you want them to treat you. Today's way to show respect for others by giving a sincere apology when you make a mistake.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Discussion:** Inform students that respectful interactions lead to meaningful relationships. Please guide a class discussion by asking students how respect improves the quality of relationships.

**14. Respect is treating other people the way you want them to treat you. Today's way to show respect for others is to ask your friend what they would like to play at recess and play that game, even if you don't like it.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Activity:** Please have students fill out Appendix F.

**15. Respect is treating other people the way you want them to treat you. Today's way to show respect for others is to comply when an adult in the school asks you to do something.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Activity:** Please read Appendix G and have your students do the accompanying activity. Then discuss their answers as a class.

**16. Respect is treating other people the way you want them to treat you. Today's way to show respect for others is to follow the directions of the adults in the school.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Discussion:** Please explain to students that when we act in a disrespectful manner, it causes resentment and hurt feelings. Please read Appendix H. Tell students that by seeing and hearing so many forms of disrespect, they could misjudge this type of behavior as normal. Stress that disrespect is not normal and should never be accepted as such.

**17. Respect is treating other people the way you want them to treat you. Today's way to show respect for others is to accept responsibility for your actions by admitting when you've done something wrong.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Discussion:** Please read Appendix I and Appendix J. As a class, discuss the section and tell how it relates to the words of the song.

**18. Respect is treating other people the way you want them to treat you. Today's way to show respect for others is to ask a friend for his/her opinion about the amount of respect being shown in our school.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Discussion:** Please read scenario 1 from Appendix K and discuss the questions that follow.

**19. Respect is treating other people the way you want them to treat you. Today's way to show respect for others is to participate in class discussions.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Discussion:** Please read scenario 2 from Appendix K and discuss the questions that follow.

**20. Respect is treating other people the way you want them to treat you. Today's way to show respect for others is to listen to what others say before giving your opinion.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Activity:** Please read Appendix L. Brainstorm some sample answers with the class. Have each student fill out one of their own.

**21. Respect is treating other people the way you want them to treat you. Today's way to show respect for others is to follow our school rules.**

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Discussion:** Have students share with the class what they have learned about respect. Please read Appendix M.

**22. Respect is treating other people the way you want them to treat you. Today's way to show respect for others is to finish the classroom activity that will be assigned today.**

## Respect Curriculum

- For submission of names for the draw a student must notice another student completing the task and then submit him or her. No self-submissions.

**Classroom Activity:** Have each student answer the following questions:

**A)** Who do you respect most? Why?

**B)** Who do you respect least? Why?

Please note: The majority of this information came from the Peaceful Solution Character Education Program and can be found at [http://www.peacefulsolution.org/curriculum/products/sample\\_lessons.html](http://www.peacefulsolution.org/curriculum/products/sample_lessons.html)

The other resource I used was from the Character Counts series and can be found at <http://www.unitedstreaming.com/videos/Respect/F72503A7-C27E-C9DC-36B68D3605102AE5.pdf>